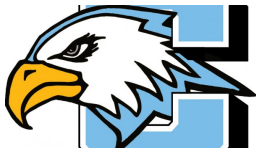


Grand Rapids Christian



**Eagle Middle School  
Cross Country  
Camp**

***July 20-23, 2022***

run each day, the focus is team building, fun, and devoting the season to God. All workouts are geared to each runner's fitness level.

Besides running, activities include: biking, swimming, sand volleyball, "bags" (cornhole), Euchre, and more!

The camp is held at Long Lake Outdoor Center in Yankee Springs Recreation Area near Gun Lake.

The cost of this camp is \$200. This includes overnight lodging, all meals, and a camp T-shirt.

**To join the 2022 camp, fill out the application to the right and mail it with your camp fees to:  
(checks to Doug Jager)**

Doug Jager  
1910 Pokogon SE  
Grand Rapids, MI 49506

Necessary camp packets can be found at [eaglesrunning.com](http://eaglesrunning.com).

Grand Rapids Christian High School has featured this running camp for over 10 years. While we

**Eagle Cross Camp application**

Name:
Address:
Phone Number:
Email: (print neatly like you are typing)
Grade Entering: 5 6 7 8
T-shirt Size:
Dietary Concerns: