

Grand Rapids Christian



Eagle Middle School Cross Country Camp

July 22-25, 2020

Grand Rapids Christian High School has featured this running camp for over 10 years. While we

run each day, the focus is team building, fun, and devoting the season to God. All workouts are geared to each runner's fitness level.

Besides running, activities include: biking, swimming, sand volleyball, "bags" (cornhole), Euchre, and more!

The camp is held at Long Lake Outdoor Center in Yankee Springs Recreation Area near Gun Lake.

The cost of this camp is \$175. This includes overnight lodging, all meals, and a camp T-shirt.

To join the 2020 camp, fill out the application to the right and mail it with your camp fees to:

Doug Jager
1910 Pokogon SE
Grand Rapids, MI 49506

Necessary camp packets can be found at eaglesrunning.com.

Eagle Cross Camp application

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| Name: |
| Address: |
| Phone Number: |
| Email: (print neatly like you are typing) |
| Grade Entering: 5 6 7 8 |
| T-shirt Size: |
| Dietary Concerns: |