
CAMP DESCRIPTION

EAGLE RUNNING CAMP

July 22-27, 2018

WHO? Any and all members of Grand Rapids Christian cross country teams.

WHEN? July 22-27, 2018

WHY? To train for the 2018 season, have fun and meet team members.

WHERE? Long Lake Recreation Area, Yankee Springs.

COST? \$200.00 (Includes all meals, lodging and a t-shirt.)

Grand Rapids Christian High has featured this running camp for 23 years now. The 2017 camp had an enrollment of 82 athletes. While we run each day, the focus is to have fun and to become closer as a team. Besides running, activities will include: biking, swimming, outdoor games and indoor games. All workouts are geared to each runner's fitness level. Financial assistance may be available as needed.

TO JOIN THE 2018 CAMP, FILL OUT THE APPLICATION TO THE RIGHT AND MAIL IN WITH YOUR CAMP FEES TO:

Doug Jager
1910 Pokogon SE
Grand Rapids, MI 49506

Camp packets will be emailed about one week before camp



Name: _____

Address: _____

Grade Entering: _____

T-Shirt size: _____

E-mail: _____

Special Diet
Concerns: _____

EAGLES HS RUNNING CAMP

JULY 23-28, 2017

**Long Lake Recreation Area
Yankee Springs**