

Dear Camper:

This year's sixth annual middle school cross country camp is located at Long Lake Outdoor Center, located near Yankee Springs. (The same place as the high school camp.) It takes about 45 minutes to get to camp from the middle school. **Please find your own ride to camp and back home on Thursday. Also, please take a bike and helmet.** Please arrive at camp on Monday, July 16 between 9:30 and 10:30 AM. Please don't be late so we can stay on our planned schedule. (Please pick up your camper between 12:00 and 12:30 on Thursday, July 19.) **Park in the lot and go directly to the dining hall. This is the large building that abuts the parking lot. Here you will be given your cabin assignment. You must also turn in the emergency treatment forms, a copy of your insurance card, and signed forms agreeing to camp rules. This packet includes written directions to camp. Follow the directions very closely. It is easy to get lost.**

Your cabin is off limits to members of the opposite sex. Breaking this rule gets you sent home with no refund. Any coed games can be played outside or in the dining hall. More rules will be discussed on the first day.

In the event your parents need to reach you the office number is 269-795-7886. Doug Jager cell number 616-723-6345. Deb Jager cell 616-723-6344.

Daily Schedule (weather permitting)

7:30 wake up

7:45 run

9:30 breakfast

11:00 game or beach

1:30 lunch

3:30 game or beach

6:30 dinner

8:30 game

9:45 devotions

10:30 bed

In the event you are hurt or sick, please have the enclosed emergency treatment forms signed giving staff permission to get you treated. **Include a cell number for a parent(s) so we can contact them right away. Bring this form to check in.**

"As parents or guardians, we realize that participation in this camp is voluntary and that participation and payment of the camp fee does not imply liability, either personal or in regard to property, on the part of any coach, camp staff, or Grand Rapids Christian School. I hereby authorize the directors of camp to act for me according to their best judgment in any emergency requiring medical attention and thereby release, exonerate, and discharge the camp, it's coaches, camp staff, and Grand Rapids Christian from any and all actions known or unknown for any injuries incurred while at camp or on the way to or from camp."

Parent/Guardian _____ Date _____

Emergency Phone numbers _____

Please include insurance card copy

Medical needs that staff should know _____

Any other special needs or concerns _____

I, _____, agree to all camp rules, including staying in bed after bed check. (Using the rest room is fine). I am aware I can be sent home for disobeying camp rules and will receive no refund.

Signed by _____, camper

Signed by _____, parent/guardian

The kids will be required to be on KP duty at some point during camp. Please run them through the basics of dish washing. Parents could use a break and the kids will learn a new skill. Yeah!!